



### 19<sup>th</sup> Annual Meeting Saturday 6<sup>th</sup> February 2016

Organisers: Dr David Bell and Dr Chris Johnson











Queen's University Belfast

Health Sciences Campus School of Medicine, Dentistry and Biomedical Sciences

Welcome to Belfast!





# Travel to Belfast



#### Flights:



Flybe operate between Belfast City (George Best) and Glasgow, Edinburgh, Inverness and Aberdeen (some but not all Aberdeen and Inverness flights are direct). Those travelling from Glasgow could make the trip in one day, others are more likely to stay overnight in Belfast on Saturday and fly home on Sunday. Travel time from the airport to the meeting venue is ~10-15 min by taxi, slightly longer if using airport shuttle bus into Belfast city centre then walking to venue.

**Easyjet** operate between Belfast International and Edinburgh, Glasgow. Times might be tight if arriving from Glasgow on Saturday morning, or returning to Edinburgh on Saturday night. There is a shuttle bus from the international airport to Belfast city centre taking 25-30 minutes.

#### Ferry:



Some might consider bringing a car (or people carrier/minibus) via Cairnryan to Belfast. **Stena** offer frequent sailings and a weekend return might be cheaper if 4-5 people shared one car (~£350 for a car +5) rather than individual flights depending on whether or not you wanted accommodation in Belfast. An early morning sailing on Saturday morning might be possible (but a very early start) and there is a return sailing ~7.30pm. The crossing takes just over 2 hours.



For those who don't mind a slightly longer journey, **Citylink.co.uk** offer a bus service between Glasgow Buchanan Street and Belfast Europa/Gt Victoria Street Bus terminal. [Leaving Glasgow ~4.30pm, arriving Belfast ~10pm on Friday night]. The cost is likely to be ~£50 return including sailing (there is further discount for students). There are onward connections to Edinburgh, Aberdeen, Dundee and Inverness. It would require overnight accommodation in Belfast.

# Accommodation in Belfast





For those planning to stay over on either Friday and/or Saturday there are lots of options in different price ranges close to the University/Belfast City Hospital:

- •Holiday Inn Express, Ibis and Dukes at Queens are all located on University Street.
- •others close by include Tara Lodge, Malone Lodge Hotel and Apartments, Wellington Park Hotel, Benedicts, Madison's, Best Western Crescent Townhouse.
- •A slightly longer walk away closer to the city centre are Travel Lodge Belfast and Days Hotel Belfast City Centre.
- •For cheaper guesthouse accommodation nearby the venue-Titanic Apartments, Pearl Court Guesthouse, Camera Guesthouse, Avenue Guest House.
- •Budget accommodation for students: Paddy's Place Hostel, Vagabonds Hostel, Lagan Backpackers or Belfast International Youth Hostel



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The SCF provides a discussion forum for researchers in Scotland and Northern Ireland studying the cardiovascular system.

We particularly welcome submissions from PhD students and post-doctoral fellows and presentations of studies in progress or those that have been presented previously at other meetings.

All those with an interest in cardiac and vascular research – both clinical and basic science- are cordially invited to this one day meeting.

**Preliminary Programme:** Roger Wadsworth Prize (final year PhD student presentations), plenary lecture(s) from invited local speaker(s), submitted oral and poster presentations.

